

برنامج نشاطات 2019-2020 (الروزنامة السنوية لموسم 2020-2019).



National Races					
Date 2019-2020	Disc	Competition	Gender	Cat	Resort
17-18-19 Jan	AL	3 FIS Races: 2SL & 1 GS, Qualification for Andore and Roumania	All	CH1-CH1	Mzaar Ski Resort
24-26 Jan	SB	3 FIS Races: 3 GS SB	All	M+L+J	Cedars
31 Jan & 1- 2 Feb	AL	3 FIS Races: 2GS & 1 SL	All	M+L+J	Cedars
7-8-9 Feb	CC	3 FIS Races: (2 sprint 1.2 km and 1 Distance 5 km)	All	M+L+J	Cedars
21-23 Feb	SB	3 FIS Races: 3 GS SB	All	M+L+J	Mzaar Ski Resort
23-Feb	AL	Inter-Club Competition	All	P.P.P	Mzaar Ski Resort
28-29 Feb & 1st Mar	AL	3 FIS Races: 2GS & 1 SL, Qualification for VAL D'ISERE	All	CH1-CH2	Cedars
6-7-8 March	AL	3 Races 2 NC & 1 FIS Race: 2SL & 1 GS	All	M+L+J	Mzaar Ski Resort
14-Mar	AL	Inter-Club Competition	All	P.P.P	Cedars
13-14-15-16 March	CC	4 FIS Races (2 Sprint 1.2 km & 2 Distance 5 or 10 km)	All	CC	Cedars

International Races					
Date 2019-2020	Disc	Competition	Gender	Sect	Country
28-Jan	AL	Children	CH1-CH2		Borrufa
08-22 Jan	AL	Youth Winter Olymic (AL & CC)	Junior	SL-GS & CC	Lausanne
17-21 Feb	AL	Children	CH1-CH2		Roumania
28 Feb- 08 March	CC	FIS Nordic Junior World Championship	M-L	SP & DI	Germany
04- 14 March	AL	FIS Alpine Junior World Championship	M-L	SL-GS	Narvik
Dec-19	AL	Alpine SES CUP	M-L	SL-GS	Bosnia
February	AL	Alpine SES CUP	M-L	SL-GS	Roumania
February	CC	CC SES CUP	M-L	SP- DI	Lithunia
February	SB	SB SES CUP	M-L	GS	Serbia
4-5 April	AL		CH1-CH2		Val D'Isere

Training programs AL
CC
AL
SB

CH1: 2007-2006
CH2: 2005-2004
Junior1: 2003-2002
Junior2: 2001-2000-1999